



PHYSIO
MOTION
- CAIRNS -

GRADUATE PHYSIOTHERAPIST PROSPECTUS

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Physiotherapist Role

About the Role

- Full Time Position.
- Varied Musculoskeletal case load.
- Potential for training and exposure to Vestibular, Neurological and Paediatric case load if area of interest. Training can be provided for those with limited experience.
- Option for home visits as required for NDIS clients.
- Rotating Hydrotherapy class roster.
- Monday to Friday hours.
- Option for a rostered Day Off (RDO) on a Monday every 3 weeks.

Features and Benefits

- No pressure to build case load in first 6-12 months.
- Lots of opportunity for shadowing with multiple Physiotherapists.
- Two dedicated Clinical Mentors with two 1-on-1 formal mentoring sessions a week.
- Fortnightly clinical staff training sessions with mix of internal and external educators.
- 1-2 sessions of PD with Specialist Physiotherapists engaged by clinic per month. Mixture of theory and practical.
- Quarterly goal setting Team sessions.
- Two Team days per year.
- Industry first formal Clinical Career Pathways.
- \$2,000 external PD budget to use towards courses of your choice.

Career Pathways

At PhysioMotion Cairns we offer various Career Pathways for our Physiotherapist's. Each pathway is designed to accommodate different career and lifestyle goals.



Clinic Background

About The Clinic

We are a growing locally owned Physiotherapy Clinic based in Cairns, Far North Queensland. We are passionate about providing a high level of Physiotherapy care to the Cairns Community.

Our Clinic provides a wide range of services including Musculoskeletal, Vestibular, Neurological and Paediatric Physiotherapy.

Our Clinic Vision is:

To support the Cairns South community and families to be the happiest and healthiest in North Queensland.

Living in Far North Queensland

Cairns provides limitless opportunities for tropical living. Whether you want a relaxed, laid-back lifestyle or weekend adventures, Cairns has it all.

From the rainforest to the reef, there are beautiful landscapes at your doorstep. You can spend weekends in the Daintree Rainforest, on the Tablelands exploring idyllic towns, lush waterfalls or finding spectacular views on one of our many hikes. Day trips to the reef, mountain bike trails, endless fishing opportunities, beach and bush camping adventures await.

Cairns is home to a wide variety of sporting clubs. We are home to the Northern Pride NRL and Cairns Taipans NBL Teams.



What We Do

At PhysioMotion Cairns we see a very diverse range of Clients with a wide variety of Conditions. We cover case loads in Musculoskeletal, Vestibular, Neurological and Paediatric Physiotherapy.

Musculoskeletal

General MSK conditions, including but not limited to cervical spine (pain, headaches etc), back pain, tendon pain, ligament tears, peripheral joint pain, sprains and strains along with acute and chronic pain. We also see conditions related to dizziness/vertigo, nerve pain and TMJ dysfunction.

Vestibular

We provide thorough assessment, treatment and management plans to Clients with dizziness, vertigo and vestibular related symptoms. We have the Vesticam goggles to ensure we have accurate data for correctly diagnosing BPPV. Not only do we manage BPPV but also vestibular hypofuntion.

Strength and Conditioning

We have extensive knowledge in providing strength and conditioning programs to clients. This is not just for athletes but also weekend warriors or the average person with pain or injury. We work closely with a Specialist Physiotherapist to keep the most current knowledge and skills in this area.

Neurological

We work closely with a range of NDIS participants to maintain or improve function for independence. Common neurological conditions we work with are Cerebral Palsy, MND, Huntington's Disease, Parkinson's Disease, Stroke and some rare neurological conditions such as rare chromosomal abnormalities and SCA7.

Paediatrics

We provide developmental assessments and work with children who have developmental delay to support achieving their milestones.

We also provide assessments and management for newborn's with plagiocephaly, torticollis, metatarsus adductus and toe walking.

Hydrotherapy

We run weekly Hydrotherapy Classes for existing Clients. These classes are good for acute injuries, post-operative rehab or low impact exercises for those who are unable to tolerate higher impact or have chronic pain.

Post-Operative Rehabilitation

We have fantastic working relationships with local Surgeons to carry out post-operative rehabilitation for clients both pre and post-operatively. We routinely work with Clients after joint replacements, reconstructions and fractures.

Sport & Activity Specific Rehabilitation

We routinely work with Clients who have injuries affecting their participation in sport, gym and other leisure activities. Our Team develop treatment approaches through collaboration with Clients on their goals for Physiotherapy ensuring we are getting the best results for our clients to return to pre-injury activity.

Meet The Team



Shannon Nielsen

Director

Shannon is a Cairns local with over 13 years of Private Practice experience. Shannon has a special interest in Paediatrics, Neurological Physiotherapy and posterior pelvic/SIJ injury management.



Jessica Beer

Senior Physiotherapist

Jess was born and raised in NZ and "crossed the ditch" in 2019 after Uni graduation. She has 7 years of Private Practice experience and has special interest in post-operative rehabilitation, dry needling, strength & conditioning including sports injury management.



Amelia Sant

Physiotherapist

Amelia graduated from James Cook University in 2020. Originally from Mackay but has been enjoying the Cairns lifestyle. Amelia has a keen interest in Vestibular, Neurological, general Musculoskeletal Physiotherapy and Orofacial Myology.



Levi Norsworthy

Physiotherapist

Levi has returned to Cairns after graduating from James Cook University in 2022. Since growing up in the region, he has wanted to give back to the Cairns community. Levi has a keen interest in all Musculoskeletal and Neurological Physiotherapy and enjoys treating neck, back, shoulder and sporting injuries. He has special training in Vestibular Physiotherapy.



Amy Godden

Lead Administration

Amy is a Cairns local, born and bred. She has worked in the Allied Health Industry since leaving school and has worked in Physiotherapy Clinic's for the last 15 years. She enjoys spending time with her children when not at work. Amy's favourite holiday destination is Bali.



Christine Nielsen

Administration

Christine is relatively new to the Allied Health Industry. She worked in Aged Care for over 6 years and has extensive knowledge in patient care. Christine is originally from the Burdekin region but has lived in Cairns for 35 years.

How To Apply

Please complete the following:

- DISC Profile:

<http://bestpersonalitytests.com/disc-test/>

- Tendency Quiz:

[https://quiz.gretchenrubin.com/?](https://quiz.gretchenrubin.com/?utm_source=website&utm_medium=popoutmenu)

[utm_source=website&utm_medium=popoutmenu](https://quiz.gretchenrubin.com/?utm_source=website&utm_medium=popoutmenu)

- Email to Shannon:

shannon@physiomotioncairns.com.au

In your email, please attach the results of your DISC Profile and Tendency Quiz along with your current resume.